

**MEETING MINUTES FOR**  
**OCTOBER 21, 2013**

A regular meeting of the Board of Selectmen was held on Monday, October 21, 2013 in the Conway Hearing Room at 7:00 p.m. Present were Selectmen David Gagliardi, Chairman, Selectmen Robert Accomando, Vice Chairman, Selectman Michael Rosa, Secretary, Selectman Andrew Deslaurier, Member, Selectmen George Simolaris, Member, and Cathleen O’Dea, Assistant Town Manager.

**CALL TO ORDER**

Chairman David Gagliardi called the meeting to order at 7:00 p.m.

**OPEN MICROPHONE**

Virginia Musker, 12 Fawn Lane came to the podium and questioned Chairman David Gagliardi regarding the Open Meeting Laws. Chairman Gagliardi answered her questions.

Andy Auyeung, 119 Parlmont Park came to the podium and discussed the geese shooting issue on Treble Cove Road.

**ANNOUNCEMENTS**

**VACANCIES**  
**BOARD OF SELECTMEN**

<b>Cable Advisory Committee</b>	<b>1 members to 2016</b>
<b>Cabot Land Re-Use Com.</b>	<b>3 members to 2016</b>

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<b>Commission on Disability</b>	<b>3 members to 2016</b>
<b>Elderly &amp; Disabled Taxation Fund Committee</b>	<b>1 member to 2016</b>
<b>Financial &amp; Compliance Audit Committee</b>	<b>2 members to 2014</b>
<b>Historical Commission</b>	<b>1 member to 2016</b>
<b>Open Space &amp; Recreation Com</b>	<b>1 member</b>
<b>Scholarship Foundation Com</b>	<b>2 members to 2016</b>
<b>Water Conservation Oversight Committee</b>	<b>1 member to 2016</b>

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**COUNCIL ON AGING ACTIVITIES**

**RESPITE COMPANION CARE ~There's No Place Like Home**

The Respite Companion program helps families care for their loved ones, allowing elders to remain at home as long as possible. Respite Companions are available to seven days a week. Please call Lauren Gray, 978-671-0916 ext: 226 to learn how the Respite Companion program can help you.

**COA TV Program – “FOREVER YOUNG”** -- Check out the Billerica Council on Aging’s BATV program, Forever Young. A new show airs, monthly, on Comcast Channel 8 and Verizon Channel 31.

**COA Van Service** - The van helps seniors do errands and tend to local medical appointments five days a week. The van will take seniors, age 60+, and the cost is \$1.00 each way.

The hours are:

Monday	Tuesday	Wednesday	Thursday	Friday
8:00 – 2:30	8:00 –3:30	8:00 - 3:30	8:00 – 3:30	8:00 – 2:30

- Monday and Friday last pick up is 2:00p.m.
- Tues, Wed, and Thurs. Last pick up is 3:00 p.m.

Please call Ruth at 978-671-0916 x229 from 9a.m. to 3p.m. to schedule a ride

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**Computer Extra Help** - by appointment. Wed. 1:00p.m. to 3:00p.m. and Thurs. 1:30p.m to 2:30p.m.

**Games for Your Brain**—Stay mentally alert. Billerica COA offers many opportunities to Challenge your Brain. Join us for Scrabble, Party Bridge, Cribbage, Hearts, Whist, etc. If You are interested in playing any of these please call the Senior Center at 978-671-0916 we will connect you with others who have the same interest and add new games to our schedule.

**Scrabble Anyone?** Join us for Scrabble every Monday at 1.00 p.m. Sign up at the front desk. Two to three players needed for each game.

**Internet Class:** --Tues. Nov. 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> and Dec. 3<sup>rd</sup> at 10:30 a.m.

**Caregiver's Support**—Wed. Nov. 6<sup>th</sup> & 20<sup>th</sup> at 10:00 a.m. This is facilitated by Mary Coakley.

**Sen. Donnelly Office Hours**— Wed. Nov. 6<sup>th</sup> at 9:30 a.m. **Bring issues and concerns**

The Senator's office number is 617-722-1432

**Bladder Control and Pelvic Health (For Women Only):** --Wed. Nov. 6<sup>th</sup> at 1:00 p.m.. Judy Curless, pelvic health physical therapist will share information and strategies Please sign up at the Senior Center.

**Reiki Clinic**—Thurs. Nov. 7<sup>th</sup> & 21<sup>th</sup> at 9:30 a.m. Reiki Master, Rosemarie Bass and her staff facilitates. Please call for an appointment.

**Choral Group**—Thurs.Nov. 7<sup>th</sup>, 14<sup>th</sup> and 21<sup>st</sup> at 10:30a.m.. “Just Sing, Sing a Song” **Choral Group-Singers needed** -- Do you like to sing? Join the “Forever Young Singers” No experience necessary. Call Linda at the Billerica Senior Center for more information.

**Facebook continuing**—Nov. 7<sup>th</sup> at 10:30a.m. \$10 per person for 6 weeks. Learn how to navigate facebook and keep in touch with your friends and family. Facilitated by Annette Presseau.

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**Shine Appointments**—Thurs. Nov. 7<sup>th</sup> & 21<sup>st</sup> with the SHINE counselor Sherry Palo. or Tues. Nov 12<sup>th</sup> & Mon. Nov. 25<sup>th</sup> with Margaret Frazier, our new SHINE Counselor. They will provide free confidential counseling on all aspects of Medicare and related health Insurance Programs. Please make an appointment 978-671-0916.

**Men's Group**—Thurs. Nov. 7<sup>th</sup> at 1:00 p.m. Our Guest speaker Ken Buffum from Veteran's Services of Billerica.

**Podiatry Appointments**—Tues. Nov. 12<sup>th</sup> starting at 9:00 a.m. Dr. Timothy Downs is the Podiatrist. Please make an appt. at front desk. Cost is \$25.

**Future of Medicare & Social Security 2014**—Tues. Nov 12<sup>th</sup> at 10:00a.m. Join AARP for a conversation about the future of Medicare and Social Security. Get the facts about current options on the table to change the programs for current retirees, veterans and future generations.

**Grief and Healing**—Wed. Nov. 13<sup>th</sup> at 11:00 a.m. Facilitated by Susan Bailey, Chaplain at the Merrimack Valley Hospice.

**Ageing Well** – Wed. Nov. 13<sup>th</sup> at 10:00 a.m. Dr. Henry Vaillant, M.D. will give a free discussion on how Frailty is the Enemy and share ways to age well and share information on how to age with revengence, sharing practical and inexpensive means of postponing mental and physical frailty.

**Burial Arrangements**—Thurs. Nov. 14<sup>th</sup> at 10:00 a.m. Francis Burns Director of Burns Funeral Home and member of the Mass. Funeral association will provide you with information on how to make burial arrangements less stressful.

**Pharmacy Clinic and Blood Pressure Reading**—Thurs., Nov. 14<sup>th</sup> at 10:00 a.m. Dr. Chin will be here to give Blood Pressure readings and a free Pharmacist consultation.

**Free Basic One-Digital Photography Class**—Fri. Nov. 15<sup>th</sup> at 10:00 a.m. facilitated by Alex Shure of BATV. This class will cover the basics of digital photography, including how digital cameras fundamentally work, Storage of digital photos and more. Feel free to bring cameras of all shapes and sizes

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**Billerica Bandstand**— Mon. Nov. 18<sup>th</sup> at 11:00 a.m. \$4.00 per person.  
Enjoy lunch and dancing. Always a good time.

**Memory Screening** – Tues. Nov. 19<sup>th</sup> from 10:30a.m.-12:30p.m Senior Helpers of Westford will be offering free confidential Memory screenings. Memory Screening makes sense for anyone concerned with memory loss, has a family history of Dementia and/or Alzheimer's disease.

**VNA Middlesex Telehealth Kiosk Training**—Wed. Nov. 20<sup>th</sup> at 10:00 a.m. You can swipe a card and measure your vital signs using the new Health Kiosk. Your vital signs will be automatically transmitted to the Visiting Nurse's Association, (VNA) where a nurse checks them and contacts you if she sees a problem learn about This Free Service.

**Hearing Screening** ----Wed. Nov. 20<sup>th</sup> at 1:00 p.m. conducted by Atlantic Audiology. They will conduct hearing screening, and clean & check your hearing aids.

**Lung and Cancer Screening Seminar**—Wed. Nov 20<sup>th</sup> at 6:00p.m. low-dose CT (LDCT) can save lives of people at high risk for developing lung cancer. Please join us for a presentation given by Dr. Andrea McKee, Chairman of Radiation Oncology, Lahey Hospital & Medical Center to learn more about LDCT lung cancer screening and the high risk qualifying criteria.

**Sleep and Aging Issues**—Thurs. Nov. 21<sup>st</sup> at 10:00a.m. facilitated Michelle Caron, RN, from Greater Medford VNA is going to review and discuss all the issues related to sleeping and aging. This will be an interactive presentation that will discuss the patterns of sleep, the cycles of sleep patterns, medical issues related to sleep, and how age all relates to this topic.

**Book Club**--Tues. Nov. 25<sup>th</sup> at 12:30a.m. Facilitated by Kathleen Kelley. The Book is  
"The Good Dog" by Susan Wilson.

**Meditation**—Wed. Nov. 27<sup>th</sup> at 10:15 a.m. facilitated by Marion Goddard.

### **Notes:**

No Chair Aerobics Nov. 18<sup>th</sup>

No History Lecture

Closed Mon. Nov. 11<sup>th</sup> Veterans Day

Closed Thurs. Nov 28<sup>th</sup> & 29<sup>th</sup> for Thanksgiving

No Book Club in December

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### **Save the Date:**

December 7<sup>th</sup> Sat., Tree Lighting Dinner at 4:00 p.m.  
Tickets available on Tues. Nov. 12<sup>th</sup>. (2 tickets per person)  
December 11<sup>th</sup> Wed. Cabot Corp. Holiday Luncheon. at 12 noon.  
Tickets available on Tues., Nov. 19<sup>th</sup> (2 tickets per person).  
December 12<sup>th</sup> Thurs. Free Digital Photography Two Class -- at 10:00a.m..  
December 25<sup>th</sup> Wed. Fourth Annual Christmas Day Dinner.  
December 24<sup>th</sup> Tues closed at Noon  
December 25<sup>th</sup> Wed. Closed all day for Christmas holiday  
December 31<sup>st</sup> Tues. Closed at Noon

### **BILLERICA FALL YARD WASTE**

Secretary Michael Rosa stated that the Billerica Fall Yard Waste collection will be November 4 through December 6, 2013. It will be the same day as your trash and recycling collection. Please use bio degradable paper bags or barrels marked "Yard Waste". Place yard waste curb side. No yard waste in plastic bags will be collected. Go to [www.billerica.dpw.org](http://www.billerica.dpw.org) for a map of collection areas or call 978-671-9171 for more information.

### **MERRIMACK VALLEY LEAD PAINT REMOVAL PROGRAM**

Secretary Michael Rosa stated that for information on the Lead paint removal program to contact the Billerica Board of Health at 978-671-0931.

### **TOWN OF BILLERICA MERCURY RECOVERY PROGRAM**

Secretary Michael Rosa stated that for information on the Mercury Recovery Program to contact the Billerica Board of Health 978-671-0931.

### **WATER CONSERVATION REBATE PROGRAM**

Secretary Michael Rosa stated the Town of Billerica has a Rebate Program for the replacement of toilets, urinals and clothes washers with water conserving features. The "Water Conservation Fund" was established to mitigate the demands on the Town water supply and allows the DPW to offer these rebates. To qualify for the rebate, Billerica water customers must be in good standing and own the property where the fixtures will be changed out. Tenants may participate with written permission from the property owner. Toilets, urinals and clothes washers must be specific models to qualify for rebate. Go to [www.billericadpw.org](http://www.billericadpw.org) or contact

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the DPW Director's office for list of qualifying models. Qualifying toilet rebates are \$100.00. Qualifying urinal rebates are \$25. Qualifying clothes washer rebates are \$225.00. All rebates are \$100. All rebates will be applied as a credit on your water bill. Rebate applications can be picked up at the DPW Director's Office at Town Hall or at the Water Treatment Facility located at 270 Treble Cove Road. Applications must be submitted to the DPW within 90 days of purchase.

**SUNSHINE GALS KITCHEN-MEALS PREPARED AND SERVED FOR NEEDY FAMILIES LIVING BILLERICA**

Secretary Michael Rosa stated the Sunshine Gal's Kitchen prepares and serves meals on the fourth Saturday of each month between 12:00 Noon and 1:30 p.m. for needy families living in Billerica. This luncheon is homemade and prepared and served at the First Parish Church located in Billerica Center. If you have any questions, please call Jo Leary at 978-270-4509 or go to [sunshinegals@yahoo.com](mailto:sunshinegals@yahoo.com).

**MERRIMACK VALLEY HOUSING PARTNERSHIP, PROJECT GENESIS, HOME BUYER TRAINING CLASSES 2013 SCHEDULE**

Secretary Michael Rosa stated the Merrimack Valley Housing Partnership, Project Genesis, is hosting Home Buyer Training Classes to promote responsible and sustainable home ownership. They will have classes in English, Spanish and Khmer. Classes will be held at Middlesex Community College in downtown Lowell. You can register online at [222.mvhop.org](http://222.mvhop.org) or call 978-459-8490.

**RECOGNITION FOR DONATIONS TO BILLERICA LITTLE LEAGUE**

Phil Doiron of Billerica Little League came to the podium and recognized Jim Frawley and Ben Marshall for their contributions to the Challenger Division of Billerica Little League.

Representative Marc Lombardo presented Ben Marshall and Jim Frawley citations from the State House of Representatives.

**MINUTES**

Selectman Michael Rosa, seconded by Selectman Robert Accomando, made a motion that the Billerica Board of Selectmen accept the minutes of July 10, 2013 as presented.

It was voted:

5 – In Favor  
0 - Opposed

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Selectman Michael Rosa, seconded by Selectman Andrew Deslaurier, made a motion that the Billerica Board of Selectmen accept the minutes of September 23, 2013 as presented.

It was voted: 5 – In Favor  
0 – Opposed

**PUBLIC HEARING**

**FOREST STREET – TO REPLACE AND RELOCATE POLE 2, 13 FEET SW OF CURRENT LOCATION. LOCATION BEGINS AT POINT APPROXIMATELY 400 FEET NE OF THE CENTERLINE OF THE INTERSECTION OF GREEN ST AND CONTINUING APPROXIMATELY 13 FEET IN A SW DIRECTION. LOCATION APPROXIMATELY AS SHOWN ON PLAN ATTACHED.**

Selectman Michael Rosa, seconded by Selectman Andrew Deslaurier made a motion to open the Public Hearing.

It was voted: 5 – In favor  
0 – Opposed

Dave Aguiar from National Grid came to the podium and requested permission to install a pole on Forest Street. The reason being a guy wire was in a tree and a resident requested that it be removed from the tree. One more pole is needed to support the poles.

Dennis Blanchette from 10 Forest Street came to the podium and expressed his concern about the possibility of underground cables being installed and the street needing to be dug up.

Mr. Aguiar responded that there would be no underground work taking place.

Chairman David Gagliardi asked if there were any comments from the Public. There were none.

Selectmen Michael Rosa, seconded by Selectman Robert Accomando, made a motion to close the Public Hearing.

It was voted: 5 – In Favor  
0 – Opposed



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Selectman Michael Rosa, seconded by Selectman Robert Accomando, made a motion that the Billerica Board of Selectmen, grant permission to National Grid, d/b/a Verizon New England, Inc. to relocate pole #2, 13 feet SW from its current location according to Plan # 15450902 contingent upon the Public Safety Officer's approval.

It was voted: 5 – In Favor  
0 – Opposed

**OLD BUSINESS**

**TOWN MANAGER REPORTS**

Chairman David Gagliardi asked if there were any question on the Town Manager's Report. There were none.

**NEW BUSINESS**

**APPOINTMENTS**

Selectman Michael Rosa, seconded by Selectman Andrew Deslaurier, made a motion that the Billerica Board of Selectmen appoint Joyce Ahern, 30 Whittier Road to the Arts Council.

It was voted: 5 – In Favor  
0 – Opposed

Selectman Michael Rosa, seconded by Selectman Andrew Deslaurier, made a motion that the Billerica Board of Selectmen appoint John Ahern, 30 Whittier Road to the Arts Council.

It was voted: 5 – In Favor  
0 – Opposed

Selectman Michael Rosa, seconded by Selectman Robert Accomando, made a motion that the Billerica Board of Selectmen appoint George Simolaris, 38 Andover Road, to the Arts Council.

It was voted: 5 – In Favor  
0 – Opposed



