

Proclamation

Mental Health Month 2022
"Back to Basics"

Whereas: mental health is essential to everyone's overall health and well-being; and

Whereas: all Americans experience times of difficulty and stress in their lives; and

Whereas: prevention is an effective way to reduce the burden of mental health conditions; and

Whereas: there is a strong body of research that supports specific tools that all Americans can use to better handle challenges, and protect their health and well-being; and

Whereas: mental health conditions are real and prevalent in our nation; and

Whereas: with early and effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and

Whereas: each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts.

Now, Therefore, on behalf of the Town of Billerica, the Billerica Select Board, do hereby proclaim May 2022 as Mental Health Month in Billerica, MA. We also call upon the citizens, government agencies, public and private institutions, businesses and schools in the Town of Billerica to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

Andrew N. Deslaurier, Chair

Michael A. Riley, Vice Chair

Kimberly J. Conway, Secretary

Michael S. Rosa, Member

John J. Burrows, Member

